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Republic of the Philippines
Department of Education
SOCCSKSARGEN REGION

26 Oct 2026

REGIONAL MEMORANDUM

No. 256 s. 2026

PARTICIPATION IN THE REGIONAL MENTAL HEALTH SUMMIT 2026

To: Schools Division Superintendents
Division School Health Personnel

1. In reference to the communication from the Department of Health-Center for Health Development (DOH-CHD) SOCCSKSARGEN Region dated October 19, 2026, regarding the conduct of the **Regional Mental Health Summit 2026** with the theme "*Caring Through Crisis: Healthy Minds, Protecting Young Lives, Strengthening Carers,*" scheduled on **October 30, 2026, 8:00 a.m.** at **The Farm at Carpenter Hill, Koronadal City.**

2. The summit aims to strengthen mental health awareness, promote psychosocial well-being, and foster a culture of self-care and care for others, particularly among individuals who provide support and assistance during times of crisis. It also seeks to emphasize the importance of caring for one's own mental health while sustaining the capacity to care for others, recognizing that the well-being of caregivers and responders is essential in providing effective and compassionate support to children, young people, families, and communities.

3. The identified participants shall be composed of the designated number of representatives from each Schools Division Office and the Regional Office, prioritizing nurses, guidance personnel, School Counselor Associates, mental health advocates, and personnel who were affected by or provided response during recent crisis situations.

4. In this regard, hereunder is the allocation of participants:

Office	No. of Participants
Regional Office	2
Sarangani	10
General Santo City	10
South Cotabato	10
Sultan Kudarat	5
Koronadal City	5
Kidapawan	2
Cotabato	2
Tacurong City	4

5. Travel and other related expenses of the participants shall be charged against the Program Support Funds/Local Funds of the sending agency subject to the usual accounting and auditing rules and regulations.



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6. The concerned offices are requested to ensure the attendance and participation of their designated representatives. Further details regarding the activity and other necessary arrangements shall be coordinated with the DOH-CHD SOCCSKSARGEN Region and the ESSD-School Health Section, as appropriate.

7. For further inquiries, contact Dr. Edelyn Garce Jamila-Medical Officer IV at edelyngrace.jamila@deped.gov.ph or Kem B. Gulmatico, TA II-SMHP at kem.gulmatico@deped.gov.ph.

ATTY. ALBERTO T. ESCOBARTE, CESO II
Regional Director

Enclosure:
Reference: None
Allotment:
To be indicated in the Perpetual Index
under the following subject:

SAFETY EDUCATION

KG/ESSD/RM-PARTICIPATION IN THE MENTAL HEALTH SUMMIT 2026
289/OCTOBER 26, 2026